

**Primary Age CAT PAC Online - Summer Term 2025**

**We would like to invite you to a CAT PAC course, our parent awareness course designed to support parent carers of children with a diagnosis of autism or children who are on the neurodevelopmental pathway for assessment and who are on CAT caseload.**

* The course has been designed for parents who want to increase their understanding of autism.
* The sessions will take place online via Microsoft TEAMs. If you secure a place, a TEAM’s invite will be sent to you the week before the session commences so you can join the sessions.

**SUMMER TERM 2025**

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| Session1 – An introduction to Autism | 13th May 2025:  9.30-11.30am |
| Session 2 – Communication and Interaction | 20th May 2025:  9.30-11.30am |
| **HALF TERM** |  |
| Session 3 – Sensory differences | 3rd June 2025:  9.30-11.30am |
| Session 4 – Eating, sleeping, personal care | 10th June 2025:  9.30-11.30am |
| Session 5 – Autism and Anxiety | 17th June 2025:  9.30-11.30am |
| Session 6 – Parent/ carer choice & signposting services | 24th June 2025:  9.30-11.30am |

**The subject or title of your email needs to state that it is for the: Summer 2025 Primary CAT PAC Online –**

***In your email please include:***

* Your name – Parent carer
* Your Child’s name
* Your Child’s school (Add your child’s CAT worker if known)
* *Due to limited places, the course will be offered to the first families to contact us.*
* *There is an expectation that parents try to attend all sessions if possible.*
* Please email***A2EGeneral@birmingham.gov.uk*** to reserve a place.

*You will receive an email response to confirm your place or to tell you that the course is full.* **Yours sincerely, Lisa Walmsley and Wendy Bantock.**