

 **CAT PAC – Primary School age**

**Delivered Online**

**We would like to invite you to a CAT PAC course, our parent awareness course designed to support you following your child receiving a diagnosis of autism.**

* The course has been designed for parents who want to increase their understanding of autism.
* The sessions will be delivered virtually via Microsoft TEAMs, a link will be sent to you before each session.
* Each session will last for 2 hours

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| Session1 – All About Autism | Tuesday 10th October 12.30-2.30pm |
| Session 2 – Communication and Interaction | Tuesday 17th October 12.30-2.30pm |
| Session 3 – Sensory differences | Tuesday 24th October 12.30-2.30pm |
| HALF TERM |  |
| Session 4 – Eating, sleeping and personal care | Tuesday 7th November 12.30-2.30pm |
| Session 5 – Autism and Anxiety | Tuesday 14th November 12.30-2.30pm |
| Session 6 – Parent choice of theme | Tuesday 21st November 12.30-2.30pm |

**The subject or title of your email needs to state that it is for the :**

**Autumn Primary Online CAT PAC.**

***In your email please include:***

* **Your name and email address**
* **Your Child / young person’s name and school**
* **Your child / young person’s CAT worker (if known)**
* **Due to limited places, the course will be offered to the first families to contact us.**
* ***There is an expectation that parents endeavour to attend all sessions if possible.***
* **Please email *A2EGeneral@birmingham.gov.uk* to reserve a place. You will receive an email response to confirm your place or to tell you that the course is full.**

**Yours sincerely, Dawn Fisher and Lisa Walmsley**