

**Primary Age - Spring Term 2025 CAT PAC –**

**Thornton Primary School Birmingham B8 2LQ**

**We would like to invite you to a CAT PAC course, our parent awareness course designed to support parent carers of children with a diagnosis of autism or children who are on the neurodevelopmental pathway for assessment.**

* The course has been designed for parents who want to increase their understanding of autism.
* The sessions will take place at Thornton Primary School B8 2LQ

**SPRING TERM 2025**

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| Session1 – An introduction to Autism | 27th January 2025: 9.30-11.30am |
| Session 2 – Communication and Interaction | 3rd February 2025: 9.30-11.30am |
| Session 3 – Sensory differences | 10th February2025: 9.30-11.30am |
| **HALF TERM** |  |
| Session 4 – Eating, sleeping, personal care | 24th February 2025: 9.30-11.30am |
| Session 5 – Autism and Anxiety | 3rd March 2025: 9.30-11.30am |
| Session 6 – Parent/ carer choice & signposting services | 10th March 2025: 9.30-11.30am |

**The subject or title of your email needs to state that it is for the :**

**Spring 2025 Primary CAT PAC – Thornton Primary School.**

***In your email please include:***

* Your name – Parent carer
* Your Child’s name
* Your Child’s school (Add your child’s CAT worker if known)
* *Due to limited places, the course will be offered to the first families to contact us.*
* *There is an expectation that parents try to attend all sessions if possible.*
* *There are no childcare facilities at the venue.*
* Please email***A2EGeneral@birmingham.gov.uk*** to reserve a place.

*You will receive an email response to confirm your place or to tell you that the course is full.*

**Yours sincerely, Julie Watchorn Brennan and Dawn fisher**