



Be Empowered.....



Early Support Programme for SEND Parent Carers

Be Empowered Workshops

(10.3) Online via zoom
Wednesday 8/1 – 12/2
18:00 – 21:00

Joining details will be sent via
text and email.

(10.4) Face to Face
Monday 13/1 – 10/2 & 24/2
10:00 – 13:00

Sheldon Hall, Gressel Lane, Birmingham,
B33 9US

Are you a parent of
a child with special
or additional
needs?

Do you want to meet with other
parents and learn more about
local and national services and
what they can offer?

Do you want to feel more
confident about working with
practitioners and making
decisions about your child's
journey?

We warmly invite you to a series of workshops that have been written by and are led by trainers who are parent/carers of a child with additional needs themselves.

These workshops are for parent/carers of children and young people of any age, with any additional need, with or without a diagnosis. They are an attempt to support parent/carers through times of change and at whatever stage of the journey participants may find themselves.

TO BOOK – Please complete the booking form and return to:

BeEmpowered@birmingham.gov.uk by Tuesday 7th January

For more information please contact: Christine Legore on **07770 762 056**

Other dates available, times and locations to be advised.

(10.3) 8/1/25 – 12/2/25, (10.4) 13/1/25 – 10/2/25 & 24/2/25, (10.5) 24/2/25 – 31/3/25,
(10.6) 25/2/25 – 1/4/25, (10.7) 2/4-9/4/25 & 30/4-21/5/25, (10.8) 3/4 -10/4/25 & 1/5 -22/5/25,
(10.9) 6/6/25 – 11/7/25, (10.10) 7/6/25 – 12/7/25
