

Year 3

Summer Holiday Project - 2018

Our first topic in Year 4 is 'Healthy Bodies, Healthy Minds' We are very excited to learn all about healthy eating and how to prepare healthy snacks!



For your holiday project, you need to research at least **two** healthy snacks from around the world.

Can you find out:

Where the ingredients for the snacks come from?

What do the ingredients look like?

How are the snacks made?

What do you eat the snack with?

You could research: houmous, breakfast bars, healthy flap jacks, or any others.

Present your work in a poster or leaflet.

Please return your project to school on Tuesday 4th September.